**Me, Judge?**

*Matthew 7:1-6*

**Text: Matthew 7:1-6**

1“Do not judge so that you will not be judged. 2For by the standard you judge you will be judged, and the measure you use will be the measure you receive.

3Why do you see the speck in your brother’s eye, but fail to see the beam of wood in your own? 4Or how can you say to your brother, ‘Let me remove the speck from your eye,’ while there is a beam in your own? 5You hypocrite! First remove the beam from your own eye, and then you can see clearly to remove the speck from your brother’s eye.

6Do not give what is holy to dogs or throw your pearls before pigs; otherwise they will trample them under their feet and turn around and tear you to pieces.

**Warm Up Questions**

**Part 1**

1. On a scale of 1-10. How would you rate yourself on how often you judge others? (1 never judge anyone, 10 judge everyone all the time)
2. On a scale of 1-10. How would you rate others on how often you think they are judging you? (1 never judging me, 10 they judge me all the time)

**Part 2**

Rank the following in the order of what you would NOT want other people to know about you. “1” being the last thing of the list you would want someone to know about you, “5” being the first thing you would share.

\_\_\_\_ I make up plans so I can stay home and binge-watch Netflix

\_\_\_\_ I have not changed my underwear for 3 days

\_\_\_\_ I have bad allergies and I often sneeze on food that I bring to share

\_\_\_\_ I lost my bible last year and I still have not bought a replacement

\_\_\_\_ I love to double dip when no one is looking

**Talk About the Text**

1. One of the most popular quoted verses of the Bible is Matthew 7:1, “Do not judge so that you will not be judged.” Often people interpret this verse to mean that we should accept everything and everyone uncritically. Is this the case? If not, then what does Jesus’ command “do not judge” mean?
2. Identify what the speck of sawdust and beam of wood refer to in verses 3-5? (Hint: This is part of the Sermon on the Mount and remember the context: verse 1)
3. What are some ways to remove the “beam of wood” from our lives?

**Think About it**

1. What are some things that people do to make us feel judged?
2. How do you think judgmental atmosphere adversely affects the Christian community?
3. What are some ways that we can be helpful or loving instead of being judgmental towards someone who is struggling to fully live out their faith in Christ?

**Try it out**

Create a skit demonstrating Christians being judgmental and how Christians should respond when they see others struggling to live out their faith in Christ.

**Apply it**

One way to keep us from being judgmental towards others is to remember the specks of sawdust, struggles in our own lives. Write down how you would want someone to support you to remove it from your life and commit to doing things like that as God opens your eyes to those around you who are struggling to fully live out their faith in Christ.